



ITEM: F828

FAMILY SIZE

NET WT 4 OZ (113 G)

Nutrition Facts

4 servings per container

Serving size 3 cups (28g)

Amount Per Serving

Calories 150

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 10g | 13% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 80mg | 3% |
| Total Carbohydrate 15g | 5% |
| Dietary Fiber 3g | 11% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 0.6mg | 4% |
| Potassium 60mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, SUNFLOWER OIL, SALT, PAN RELEASE (CORN OIL, LECITHIN, ARTIFICIAL BUTTER FLAVOR AND BETA CAROTENE (ADDED FOR COLOR)), BUTTER (CREAM, SALT)

CONTAINS: MILK, SOY

POPPIN POPCORN
HOLLAND, MI 49423

ITEM: F878

INDIVIDUAL SIZE

NET WT 2 OZ (57 G)

Nutrition Facts

2 servings per container

Serving size 3 3/4 cups (28g)

Calories

Per Serving 130

Per Container 260

| | Per Serving | % Daily Value* | Per Container | % Daily Value* |
|--------------------|-------------|----------------|---------------|----------------|
| Total Fat | 5g | 6% | 10g | 13% |
| Saturated Fat | 0.5g | 3% | 1g | 5% |
| Trans Fat | 0g | | 0g | |
| Cholesterol | 0mg | 0% | 0mg | 0% |
| Sodium | 40mg | 2% | 85mg | 4% |
| Total Carb. | 19g | 7% | 38g | 14% |
| Dietary Fiber | 4g | 14% | 7g | 25% |
| Total Sugars | 0g | | 0g | |
| Incl. Added Sugars | 0g | 0% | 0g | 0% |
| Protein | 3g | | 6g | |
| Vitamin D | 0mcg | 0% | 0mcg | 0% |
| Calcium | 0mg | 0% | 0mg | 0% |
| Iron | 0.8mg | 4% | 1.5mg | 8% |
| Potassium | 80mg | 2% | 160mg | 4% |

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INGREDIENTS: POPCORN, SUNFLOWER OIL, SALT, PAN RELEASE (CORN OIL, LECITHIN, BETA CAROTENE (FOR COLOR), ARTIFICIAL BUTTER FLAVOR), BUTTER (CREAM, SALT)

CONTAINS: MILK, SOY

POPPIN POPCORN
HOLLAND, MI 49423

ITEM: F918

SNACK SIZE

NET WT 0.6 OZ (17 G)

Nutrition Facts

1 serving per container

Serving size 3 3/4 cups (17g)

Amount Per Serving

Calories 80

% Daily Value*

| | |
|-------------------------------|-----------|
| Total Fat 3g | 4% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 25mg | 1% |
| Total Carbohydrate 11g | 4% |
| Dietary Fiber 2g | 7% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 2g | |
| Vitamin D 0mcg | 0% |
| Calcium 0mg | 0% |
| Iron 0.5mg | 2% |
| Potassium 50mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POPCORN, SUNFLOWER OIL, SALT, PAN RELEASE (CORN OIL, LECITHIN, BETA CAROTENE (FOR COLOR), ARTIFICIAL BUTTER FLAVOR), BUTTER (CREAM, SALT)

CONTAINS: MILK, SOY

POPPIN POPCORN
HOLLAND, MI 49423